



**Salon Telephone 01405 948085**  
**3 Red Lion Street • Goole**

**Medspa Telephone 01405 457229**  
**1 Red Lion Street • Goole**

**Website: [www.solariumandbeauty.co.uk](http://www.solariumandbeauty.co.uk)**

# CONTENTS

About Us .....	2
Spa Guidance and Important Information.....	3
Relaxation Suite .....	4
Spa Packages .....	4
Tanning .....	6
Nails.....	7
Feet.....	8
Eyes.....	8
Hair Removal.....	9
Make-Up .....	10
Ear Piercing .....	10
Body Treatments .....	11
Anti Ageing Clinic.....	12
Men .....	13
3D Lipo.....	13
Skin Treatments.....	14
Menu .....	18

## ***About Us...***

Since first establishing in the beauty industry in 1998, Louise and her team have been at the forefront of the industry, introducing the very best treatments and products to the area.

We are a highly trained and skilled team of happy, enthusiastic therapists that genuinely want to make your visit enjoyable and beneficial, sending you away feeling good about yourself.

Our new addition to the salon is the 'MediSpa'. The Medispa blends medical technology with traditional relaxation to create an experience that rejuvenates your skin whilst easing your mind, body and spirit.

*"Our mission is to make you feel better about yourself - both inside and out!"*

Whether you're new to the world of beauty and spa, or already enjoy treatments here or elsewhere, our welcoming team will make you feel right at home.

If you want to see results, unwind, be pampered and look your absolute best, get in touch with a member of our team today! XXX

# SPA GUIDANCE AND IMPORTANT INFORMATION

*Please read the following information to ensure maximum benefit during your spa visit.*

## ARRIVAL TIME

Prior to any treatment please arrive at least 15 minutes before your treatment starts. You will be welcomed by one of our experienced therapists who will confirm your booking details and you will also have time to fill out your consultation form.

Please be advised that late arrivals will result in reduction of your treatment time and no refund will be given.

## SPA ETIQUETTE

Our Medispa environment is one of relaxation and tranquility. Please respect all guests' right to serenity and switch all mobile phones to **silent** and kindly respect our whispering zones and keep noise levels in the treatment corridor to a minimum. We feel this is essential to the enjoyment of all our spa guests and we appreciate your co-operation.

## SPA ATTIRE

If you are using the wet facilities please remember to bring swimwear which **MUST** be worn at all times. Towels, robes and footwear will be provided. Please be aware that chlorine is present in our hot tub and jacuzzi which may cause discolouration which is at your own risk. All jewellery and false tan must be removed and is not permitted in the hot tub.

## CANCELLATION POLICY

Here at The Solarium and Beauty Company your appointments are very important to us, we understand that sometimes appointments may need to be changed or cancelled which we are more than happy to assist you with; however we would be grateful if clients could give us at least 24 hours notice for all amendments to treatments and 48 hours for spa bookings, to ensure we have the time needed to offer these spaces to other clients looking to visit us who we have often turned away or are on a waiting list. ***If notice is not given we reserve the right to charge a cancellation fee, which could be the full treatment cost.***

## BOOKING POLICY

For all group spa bookings we require a non-refundable £10 per person deposit at the time of booking. No bookings will be accepted without the deposit being taken.

## PREGNANCY

Please advise your spa therapist if you think you may be pregnant, as we can adapt your treatment accordingly. However if you are pregnant you must avoid using the sauna, jacuzzi and hot tub.

## VALUABLES

We do not accept responsibility for loss of valuables within our premises. Lockers are provided but we advise guests to leave anything precious at home.

## CHILDREN

**STRICTLY** no under 16s will be permitted within the relaxation area of the spa and no under 18s are permitted within the area or use of the tanning units in the salon.

# RELAXATION SUITE

**NOW OPEN**

*Available for exclusive hire by the hour. With or without treatment.*

- Infra Red Sauna • Hot Tub • Jacuzzi Bath • Heated Foot Baths
- Relaxation Area • Snooze Room • Lockers • Changing Rooms

*Available for single or group bookings*

1 hour exclusive use £15.00 per person

2 hours exclusive use £25.00 per person

3 hours exclusive use £35.00 per person

**10% DISCOUNT FOR GROUP BOOKING**

*Towels, robes and footwear are included (please read the Spa Guidance before visiting)*

*Hot and cold drinks included.*

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## Spa Packages

*At The Solarium and Beauty Company we feel we have created a unique, tranquil and beautiful spa for you to enjoy and relax on your own or with friends. We have something here for everyone, but please feel free to ask about a bespoke package and we will be more than willing to discuss your needs. Lunch and snacks from the menu can be added to any Spa Package, please see the menu. Plus the new relaxation suite can also be added to finish off that full spa experience.*

### TREATMENT PACKAGES

*To suit one or more people.*

**DISCOVERY** 2 hours.....£60.00

*Full body massage and Elemis touch facial or shellac pedicure.*

**ELEMIS EXPERIENCE** 2.5 hours .....£75.00

- Elemis full body exfoliation
- Elemis touch facial
- Elemis frangipani back, neck and shoulder massage
- Elemis foot and leg reviver

**LUXURY** .....£120.00

- Signature head to toe face and body ritual.
- Hot stone back massage
- Shellac pedicure
- Shellac manicure

*ADD 2 hours exclusive use of the new Relaxation Suite and facilities for an extra £15.00*

**INDULGENT PAMPER SPA PACKAGE** (3-8 people) .....per person £80.00  
*Relax and unwind in our new Relaxation Suite where you will have exclusive use of the facilities for 3 hours plus choose 4 treatments each from the following:*

- Back, neck and shoulder massage
- Hot stone massage
- Pressure point foot massage
- Back cleanse
- Anti-fatigue eye treatment and scalp massage
- Elemis facial
- Coconut scrub and nourish
- Manicure (*add £8.00 for shellac*)
- Pedicure (*add £8.00 for shellac*)

**ULTIMATE 'FULL DAY' ESCAPE** (4-8 people) .....per person £90.00  
*Enjoy the full day in our new luxury Relaxation Suite, enjoying full and exclusive use of the facilities for the whole day. You will also receive a light breakfast on arrival (lunch and snacks can be added from the menu). This package also includes:*

- Signature body massage
- Bespoke facial
- Pedicure with polish

**SPA TASTER** (2-10 people).....per person £40.00  
*Let us take the stresses of daily life away with a few hours of relaxation. Enjoy 3 hours of exclusive use of the Relaxation Suite and facilities and add one treatment of your choice to the experience. Choose from:*

- Back, neck and shoulder massage
- Hot stone massage
- Pressure point foot massage
- Back cleanse
- Anti-fatigue eye treatment and scalp massage
- Elemis facial
- Coconut scrub and nourish
- Elemis body exfoliation

*Or...upgrade to a Full Body Massage for only £10.00 extra.*

**PAMPHERED PRINCESS PARTY** 11-15 years old (3-8 people) .....per person £35.00  
*Let us pamper your young adults in style. Use of dressing gowns and slippers included. Choose two treatments from:*

- Manicure
- Pedicure
- Facial
- Head, neck and shoulder massage
- Make up

*Plus an afternoon tea party.*

# Tanning

## UV TANNING (*Salon*)

- Increases vitamin D and improves wellbeing
- Professional lie down and stand up UV tanning units
- Hygienic tanning rooms with ventilation
- Fully compliant with EU legislation on O3 UV emission
- High levels of UVA for strong and safe tanning
- Unisex
- Lotions available from £1.00
- Strictly over 18s ONLY

### Sessions:

5 minutes .....	£2.00
10 minutes .....	£3.50

### Courses:

70 minutes .....	£15.00
150 minutes .....	£25.00
300 minutes .....	£40.00

## SPRAY TANNING (*Salon*)

Thanks to Xen-tan's unique formula, everyone can achieve their perfect tan. We can provide you with a natural-looking tan, for fairer skins or an ultra dark look for an intense tan.

Full Body .....	£15.00
<i>Exfoliation at home is required prior to a spray tan</i>	
Two people coming together .....	£28.00



## ST TROPEZ MANUAL TAN (*Spa only*)

Using the St. Tropez products, the tan is applied manually by one of our experts. An all-over body exfoliation is performed before the tan is applied. Leaving you with soft, hydrated skin and a long-lasting tan.

Full Body .....	£35.00
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# NAILS (Salon)

	Junior Nail Tech	Senior Nail Tech	Master Nail Tech
Full set of Acrylic or Gel Nail Extensions .....	£30.00	£37.00	£40.00
Infill .....	£20.00	£29.00	£31.00
Acrylic or Gel Overlay .....	£20.00	£29.00	£31.00
Soak Off .....	£5.00	£5.00	£5.00



CND Shellac, Gelish or Pure Nails Halo  
*(Gel nail colour 2-week wear)*  
*(Free soak-off included in treatment)*

Shellac File and Polish .....	£15.00	£19.00	£25.00
Shellac Manicure .....	£19.00	£25.00	£31.00

*(Free soak-off included in treatment)*

Under 14s

Shellac File and Polish .....	£13.00	£15.00	£23.00
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## STRUCTURE GEL

Add strength to your gel polish with our NEW structure gel. Perfect if you want to add strength to your natural nail treatment but don't want to have the commitment of acrylic. *Only £1.00 extra.*

VINYLUX Polish  
*(1-week wear)*

Vynylux File and Polish .....	£10.00	£12.00	£17.00
Vynylux Manicure .....	£14.00	£16.00	£21.00

Under 14s

Vynylux File and Polish .....	£8.00	£10.00	£15.00
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## **FEET** (Available at Salon and Spa)

	<i>Junior Nail Tech</i>	<i>Senior Nail Tech</i>	<i>Master Nail Tech</i>
Pedicure .....	<i>not available</i>	£21.00	£24.00
Shellac Pedicure .....	£25.00	£28.00	£33.00
Shellac File and Polish .....	£15.00	£19.00	£25.00
VINYLUX File and Polish .....	£10.00	£12.00	£17.00
MINX .....	<i>not available</i>	£19.00	£25.00
Swarovski Crystal Pedicure.....	<i>not available</i>	£40.00	£60.00
Luxury Shellac Pedicure.....	£28.00	£31.00	£36.00

## **Eyes** (Available at Salon and Spa)



「HIGH DEFINITION」

HD Brows - a unique, high-precision procedure which beautifully sculpts your brows into their perfect shape. Involves tinting, waxing, threading and trimming.

	<i>Junior Therapist</i>	<i>Senior Therapist</i>	<i>Advanced Therapist</i>
High Definition Brows .....	<i>not available</i>	£22.00	£26.00
New Henna Brows.....	<i>not available</i>	£25.00	£25.00
Eyebrow Thread .....	<i>not available</i>	<i>not available</i>	£10.00
Eyebrow Shape .....	£5.00	£6.00	£8.00
Eyebrow Shape and Tint .....	£8.50	£9.50	£12.50
Eyelash Tint.....	£10.00	£11.00	£14.00
Strip Lashes.....	£7.00	£8.50	£12.00
Cluster Lashes .....	<i>not available</i>	£15.00	£20.00



Junior Therapist

Senior Therapist

Advanced Therapist

**NOUVEAU LASHES**

*Relax in our 'Unique Lash Lounge' in the capable hands of our specialist lash experts.*

L.V.L (Lash Lift).....	<i>not available</i>	£30.00	£35.00
Express Individual Lashes.....	<i>not available</i>	£25.00	£30.00

**SEMI PERMANENT INDIVIDUAL LASHES**

Extend .....	<i>not available</i>	£40.00	£55.00
30 minute Maintenance.....	<i>not available</i>	£15.00	£20.00
SVS Volume Lashes .....	<i>not available</i>	£45.00	£55.00
2 Week Infill .....	<i>not available</i>	£20.00	£25.00
3 Week Infill .....	<i>not available</i>	£25.00	£28.50

*Free 7 day check up on Extend and SVS lashes  
Test required for ALL tints and LVL treatments*

# Hair Removal

**WAXING (Salon Only)**

Full Leg .....	£15.00
Chin .....	£4.00
Back.....	£10.00
Half Leg .....	£11.00
Forearms .....	£10.00
Chest and Back.....	£18.00
Regular Bikini Line.....	£7.00
Chest .....	£10.00
Nostrils.....	£4.00
High Bikini Line.....	£12.00
Upper Lip.....	£4.00
Brazilian/Hollywood .....	£23.00
Underarm Wax.....	£6.00

**THREADING**

Eyebrows .....	£10.00
Lip.....	£6.00
Full Face .....	£15.00

**ELECTROLYSIS (Free Consultation and Trial)**

15 minutes .....	£6.00
30 minutes .....	£10.00

# Make-Up



「HIGH DEFINITION」

We are stockists of the FULL High Definition Make-Up range. We will give advice on any of the products, feel free to call in and browse the range. Full face make-up to suit any occasion whether it's natural or full glam. Alice Curtis, our in-house degree-qualified make-up artist, will create an amazing look, just for you.

Full Face .....	£30.00
Eyes Only .....	£20.00

## BRIDAL

Bridal Including Trial.....	£50.00
Bridal Package .....	£130.00
<i>Bride including trial and three bridesmaids on the day</i>	

*Make-up available for larger parties or on location. Prices available on request.*

## MAKE-UP CLASSES

One to One.....	£35
Discover your face. Be shown and practise the best techniques and products to create the perfect look for you.	

**MAKE-UP PACKAGE** (4-8 people).....*per person* £35.00

Do you and your friends want a get together in the spa whilst learning the tricks of the trade from Alice Curtis, our in-house make-up artist? You will get 2 hours of Alice's time and expertise to show you any make up techniques you would like to learn. Each person will also receive a goodie bag and a 10% off voucher for a return make-up applied by Alice.

# Ear Piercing

Caflon Professional System available. For four years and older.....£15.00

# Body Treatments



## ELEMIS SPA BODY TREATMENTS (*Available in our spa*)

**Elemis Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani**.....£40.00

*The extraordinary cleansing power of salt goes to work, releasing toxins in this body-polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas ready to absorb the deeply nourishing body oil.*

**Elemis Thousand Flower Detox Wrap** 60 minutes .....£60.00

*Enriched by Somerset Soil, packed with tree, flower and grass-rich nutrients, this treatment provides super skin health and powerful detoxification, helping to stimulate the elimination process and restore equilibrium. Omega-rich green tea seed oil is massaged into the skin followed by thousand flowers, vitamin-packed super nutrients earth wrap. Encouraging the body to surrender its toxins. Nourishing green tea balm, rich in minerals, proteins and omegas - the superfoods of the skin, is the final touch. Leaving you feeling completely reinvigorated and the body firing on all cylinders.*

**Elemis Free Style Deep Tissue Massage** 45 minutes.....£40.00

A work out for your muscles. Tailored entirely to your needs using deep massage techniques and the amazing Elemis Massage oils.

**Elemis Targeted Tonight Tightener**.....£75.00

A powerful blend of massage and detoxifying clay for targeted toning and improved circulation.

## THE SOLARIUM AND BEAUTY SIGNATURE SPA TREATMENTS

**Signature Head to Toe Face and Body Ritual** .....£65.00

We have created this signature treatment that is exclusive to The Solarium and Beauty Company. Our new face and body experience will take you to another place, including 90 minutes of a full head to toe indulgence that you will never ever forget.

**Signature Coconut Body Scrub and Nourish**.....£25.00

### Signature Body Massage

Release tension held in the body with a massage. Various levels of massage techniques and pressure will relieve muscular tension using a carefully blended massage oil. Your therapist will address concerns and which pressure you prefer during your consultation.

30 minutes .....£20.00

60 minutes .....£40.00

90 minutes .....£50.00

## Hot Stone Massage

30 minutes .....	£25.00
60 minutes .....	£40.00
90 minutes .....	£55.00

## Peaceful Pregnancy Massage.....£50.00

*We will focus on the areas that are causing you discomfort and give you a head to toe pamper. Using safe massage techniques for you and your baby to alleviate swelling or discomfort you may be having, whilst easing the mind and spirit. Suitable for 12 weeks plus.*

## Back Cleanse - A Facial for Your Back.....£20.00

*A deep cleansing facial for your back. This treatment includes a cleanse, exfoliation and mask to treat the skin of your back. Natural organic products, removed by using hot towels, this luxury treatment also includes back, neck and calf massage.*

## Hopi Ear Candling.....£20.00

## Pressure Point Foot Massage.....£15.00

## Anti Fatigue Eye Treatment and Scalp Massage.....£15.00

## DOUBLE TREATMENT ROOM (Available in our spa)

*Why not spend some relaxing time with a loved one while having one of our **LUXURIOUS SPA TREATMENTS** in our **DOUBLE TREATMENT ROOM!** You will receive **10% OFF** any treatment. (This offer excludes Spa Packages.)*

## Anti-Ageing Clinic (Available at the spa only)

*We are proud to have partnered up with the team at Elements MediSpa, Doncaster. The team from Elements holds a clinic within our Medispa on the first Wednesday of every month.*

### BOTOX

1 Area.....	£110.00
2 Areas .....	£180.00
3 Areas .....	£210.00
4 Areas .....	£240.00
Additional Areas .....	£40.00 each

Nefertiti Neck Lift.....£210.00

Underarm Sweating.....£400.00

### LIPS

First Syringe (1.0ml).....£190.00

Additional Syringe Within 1 Month.....£160.00

### DERMAL FILLER

First Syringe (1.0ml).....£200.00

Additional Syringe Within 1 Month.....£160.00

# Men

*Men, you are more than welcome here. Be it alone, with your partner or with your friends. We believe you deserve to relax and feel at ease just as much as the ladies do. Please take your pick of massages from our extensive treatment menu or if you're looking for something in particular, see our list below of masculine treatments.*

Chest Wax .....	£10.00
Back Wax.....	£10.00
Chest and Back.....	£18.00
Nail Tidy .....	£10.00
HD Brows .....	£26.00
Pedicure .....	£19.00
Deep Cleansing Back Treatment - <i>including back, foot and leg massage</i> .....	£35.00
Skin Energize Facial .....	£32.00
ELEMIS BIOTEC Super Charger Facial .....	£40.00

**Gentleman's Escape** 90 minutes.....£70.00  
*Signature facial and full body massage.*



## 3D Lipo

*A powerful three dimensional alternative to lipo-suction. 3D Lipo is probably one of the most advanced machines of its type and offers a new dimension in non-surgical fat removal, treatment of cellulite and skin tightening for the body and face.*

### FOR THE BODY...

#### 3D FAT FREEZE (Targeted fat removal)

*Using 3D cryotherapy to target a stubborn pocket of fat. Fat cells are lowered to minus 6 degrees causing up to 40% of the fat cells in that area to die, pain free.*

1 Area .....	£99.00
2 Areas .....	£150.00
3 Areas .....	£200.00

#### 3D BUM LIFT

*Using a combination of technologies to reduce cellulite, lift and tone.*

60 Minute Treatment .....	£50.00
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#### THIGH GAP

*3D cryotherapy and cavitation.*

3 Treatments .....	£200.00
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#### BINGO WINGS

*A bespoke treatment for this problem area.*

6 Treatments .....	£250.00
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## **CAVITATION AND 3D DERMATOLOGY, WEIGHT LOSS, INCH LOSS AND CELLULITE TREATMENT**

*For stomach, fat, love handles, muffin tops, back fat and other areas of concern.*

30 Minutes .....	£30.00
60 Minutes .....	£55.00
75 Minutes .....	£60.00
Course of 6 (60 minutes).....	£240.00

### **FOR THE FACE...**

#### **3D CHIN SCULPTING AND TIGHTENING**

*Using 2 technologies to ensure maximum results.*

4 Treatments .....	£200.00
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#### **3D NON SURGICAL FACE LIFT**

*Using the skin tightening technologies, we are able to specifically target the wrinkles and fine lines on the face and tighten the skin, giving an overall lift.*

30 Minutes .....	£25.00
Course of 6 .....	£120.00
60 Minutes .....	£40.00
Course of 6 .....	£200.00

*All treatments subject to a FREE consultation.*

## **Skin Treatments**

*The skin consultation... Reveal a new complexion you never thought was possible. Our highly trained team of skin specialists can design a unique treatment plan to achieve beautiful results. Contact the team to book your FREE consultation.*

### **BIOTEC FACIAL TREATMENTS**

*Discover how our professional high potency ACTIVES, ELEMIS' unique Skin Lift TOUCH and science of 5 in 1 advanced bio-electric TECHNOLOGY work in perfect synergy with the skin's natural bio-electric field.*

*The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Visibly healthy, nourished and energised skin.*

*The ultimate wrinkle-smoothing facial to rejuvenate ageing skin. This plumping facial will diminish signs of fine lines and deep-set wrinkles, whilst flooding the skin with super-hydrators. This facial includes Microcurrent, L.E.D Light Therapy and Oxygen Therapy, Galvanic and Sonic Resurfacing.*

*Our trained ELEMIS therapists focus on you making your treatment a unique experience. They will personalise your treatment to respond to the ever changing nature of your skin.*

*Book now for a FREE consultation*

30 Minutes Biotec .....	£30.00
Course of 6 .....	£120.00
60 Minutes Biotec .....	£45.00
Course of 6 .....	£225.00

## ELEMIS TOUCH FACIALS

### **Pro-Definition Lift and Contour**

*Powered by breakthrough technology targeting sagging jowls, cheeks and jawlines. This facial helps restore the architecture of the face. The arjuna and lupin-infused jowl and chin mask works on elasticity, whilst potent nutrients and stem cells found in edelweiss and tiger grass help muscle-toning massage from the scalp to décolleté. The skin appears plumper and revitalised, creating a profoundly sculpted, youthful effect.*

### **Pro-Collagen Age Defy**

*This is the treatment to tackle fine lines and wrinkles and help support the cellular structure of the skin. The proven benefits to marine-charged Padina Pavonica and Red Coral helps plump out the fine lines and wrinkles, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic draining massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully-nourished younger looking skin.*

### **Superfood Pro-Radiance**

*This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements - magnesium, potassium, zinc, vitamin A and E - form a mineral army to jump start tired and exhausted skin. An amino-active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant - stress-free and lit up with good health.*

### **Sensitive Skin Soother**

*Fragile skin needs special attention. A subtle, calming massage technique is used to help reduce the appearance of redness and strengthen the top layer of a delicate skin, protecting against daily stresses. The soothing properties of Moroccan rose, chamomile and apricot are combined to gently cleanse and exfoliate, whilst the deeply nourishing Neroli mask leaves skin nurtured and comforted. Texture and tone are dramatically restored. Moisture levels are boosted. Skin is left supremely calm and confident.*

### **Dynamic Resurfacing Precision Peel**

*This highly potent couture-refusing treatment targets the signs of aging and dull, tired, uneven skin tone. Specifically designed to work in conjunction with your skin's unique structure, this pioneering precision layering protocol uses three layers of enzyme to nibble the dead skin away, revealing extraordinary results. This system delivers powerful exfoliation and renewal for smoother, younger-looking skin, whilst steam and extraction cleanses at a deeper level. A new start for new skin that has never looked better.*

1 hour.....£40.00

## **DIAMOND DERMABRASION**

*One of our trained therapists will tailor-make the treatment to suit your personal needs by working with different sizes grains of diamond heads.*

Per Treatment.....£30.00  
For a Course of 6 Treatments .....£150.00

*You can also incorporate this treatment into our amazing Elemis Biotec Anti-Ageing machine facial, for outstanding results, adding it on for a low price of only £10.00 extra.*

*Or combine the Diamond microdermabrasion followed by the LED OPERA mask for only £40.00 per treatment or £190.00 for a course of 6 treatments.*

## **LED OPERA MASK LIGHT THERAPY FACE MASK**

*The world renowned 'OPERA' mask is not only a low-level light therapy LED facial mask that utilises 3 wavelengths to provide a multitude of skin rejuvenation treatments to the face and neck, it also incorporates the use of galvanic currents to further enhance results, the option of oxygen therapy and nutrient-filled hydrogel masks.*

Have as a stand-alone treatment for acne, or skin rejuvenation.....£30.00  
Or as a add-on to any other facial, skin peel or dermabrasion .....for only £10.00

## **NEW!! DERMAPLANING**

*Dermaplaning is a method of exfoliation. It consists of using a 10-gauge scalpel to gently scrape off the top layer of dead skin cells in order to reveal a smoother, brighter complexion. Dermaplaning is a safe and highly effective physical exfoliation procedure. It requires the use of a sterile, surgical scalpel to gently "shave" the skin's surface, removing the top-most layer of dead skin along with fine, vellus hair.*

- Improves skin's texture and tone
- Stimulates collagen synthesis
- Softens and smooths skin
- Minimises pore size and appearance
- Enhances the absorption of other treatments.

One treatment.....£30.00  
Including the opera mask afterwards .....£40.00  
Including an Elemis facial and opera mask afterwards.....£60.00

## **SKIN PEELS - NOW AVAILABLE**

*We offer a wide range of chemical peels that can be used to treat a variety of skin concerns.*

*The variety of different peels we have on offer from the Medi+Derma range means we can offer a peel that is perfect for you, from a mild superficial peel or an intensive course of peels, whether your concern is ageing, mild acne, pigmentation, scarring, hydration, stretch marks, photoaging, severe inflamed acne, or general skin maintenance, we have the right peel for you. Using active ingredients and the latest technology our Medi+Derma chemical peels provide exceptional results.*

*Our experienced therapist will provide a free personal skin review before any treatment is carried out to get the very best results from this medical grade peel and pharmaceutical skin care range.*

*Prices of the skin peels range from £49.00 to £69.00.*

## DERMAPEN: MICRO NEEDLING DEVICE

The Dermapen™ has many fantastic features that make it a stand out micro-needling product. These include:

- Advanced oscillating vertical needling technology.
- Exclusive patented innovations.
- Hi-tensile, surgical grade disposable stainless steel needles.
- Safer and more effective in piercing the skin than traditional skin needling rollers.
- Has a superficial effect on collagen and elastin rejuvenation.
- Effectively treats hard-to-reach places.
- Renews skin and reduces fine lines and acne scars. Its skin rejuvenation process stimulates natural collagen and elastin production.

Your therapist will use the Dermapen medical device to produce thousands of microscopic needle-columns in the skin. The column will close rapidly enabling the skin to recover very quickly. We use a topical anaesthetic to numb the skin. It will take up to 30 minutes for the topical anaesthetic to work and around 45 minutes for the procedure.

After a Dermapen procedure your body will naturally regenerate and repair the skin, working below the surface to stimulate COLLAGEN PRODUCTION in the dermis. This takes several weeks as new collagen and elastin is formed, new skin cells are generated and blood supply is enhanced. This process will continue over the following months, providing you with a gradual and long lasting result.

In the treatment of problem skin or scarring we will normally recommend that your Dermapen Therapy consists of a series of 3 Dermapen procedures with approximately 6 weeks between them.

This is a non painful procedure with the anaesthetic cream.

As an introductory **SPECIAL OFFER** the treatment costs are:

Single treatment .....	£80.00
Including LED opera mask.....	£85.00
Add neck .....	only £20.00
Course of 3 treatments including neck and LED opera mask .....	£220.00

# Menu

## PICKARDS

*We are working alongside local butchers and delicatessen 'Pickards' in Goole to bring you delicious food options to complete your spa day. Please see the choices of sharing platters or individual servings to accompany our spa packages or pamper parties.*

*Check out the superb food options below.*

*Please let us know what food option you would like when booking. 50% deposit required.*

*48 hours cancellation notice required.*

*Please state any allergies or intolerances in advance. Please add a £1.50 surcharge for gluten-free options.*

*All packages include hot beverages and soft drinks.*

### **PLOUGHMANS SHARING BOARD**

Home Cooked Ham  
Home cooked Beef  
Award-winning Pork Pie  
Award-winning Chicken, Ham and Stuffing Pie  
Homemade Quiche  
Homemade Coleslaw

### ***Accompanied with...***

Tyrell's Hand-cooked English Crisps  
Pickled Onion  
Yorkshire Piccalilli  
Mature Cheddar

**£9.00 per person**



### **SHARING CHEESE BOARD**

A selection of cheeses ranging in flavours, accompanied with a selection of complimentary crackers and biscuits, red and green seedless grapes.

**£9.00 per person**

### **ITALIAN MEATS SHARING PLATTER**

A selection of Italian cured meats along with mozzarella cheese, sundried tomatoes garlic and herb olives, warm Italian crusty bread, balsamic oil and virgin olive oil.

**£7.00 per person**

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### **AFTERNOON TEA**

A selection of finger sandwiches (without crusts), homemade coronation chicken, homemade egg mayonnaise and Pickards' ham and cucumber, homemade scones, clotted cream and Wilkin & Sons Jam. Assortment of buns, chocolate brownies and macaroons.

**£8.50 per person**

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### **SWEET TREATS**

A selection of fresh sweet delights from the bakery of Pickards.

**£5.00 per person**

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### **PRAWN, CHICKEN OR HAM SALADS**

A light lunch of fresh and crispy salad leaves, onions, pepper, cucumber and tomato, topped with your choice.

**£6.00 per person**

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### **TAPAS**

A selection of Spanish tapas, including meats, cheese, paella, olive and bread.

**£8.50 per person**

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### **LASAGNE**

Homemade beef lasagne. Served with salad and garlic bread.

**£7.50 per person**

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### **PICKARDS MEAT PIE WITH MUSHY PEAS AND BEEF STOCK GRAVY**

Choose from steak, mince, minted lamb and chicken and mushroom.

**£6.00 per person**

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### **SNACKS**

Various snacks to be able to purchase during your spa visit, including olives, nuts, crisps, cheese, fresh fruit and biscuits.

**www.solariumandbeauty.co.uk**

**info@solariumandbeauty.co.uk**

**Gift Vouchers Available**

*All major credit cards accepted*



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**10% Discount:**

*Mondays, Tuesdays and Wednesdays.  
OAPs, Students, Police, NHS and Armed Forces.*

**Opening Times**

Monday 9.30am - 7.00pm

Tuesday 9.30am - 7.00pm

Wednesday 9.30am - 7.00pm

Thursday 9.30am - 8.30pm

Friday 9.30am - 6.00pm

Saturday 9.00am - 4.00pm